

Body Orchestra Privacy Policy

This notice describes the privacy policy of Body Orchestra.

By visiting the Bodyorchestra.com website, contacting Body Orchestra or attending sessions or courses with Body Orchestra, you are accepting and consenting to the practices described in this Privacy Notice.

What personal data Body Orchestra collects and why

Body Orchestra uses the information you provide to communicate with you about courses, offers, and services, update our records and generally maintain contact with you. Email addresses & phone numbers are used:

1. to respond to your request for information or services Body Orchestra provides.
2. to inform you of courses and workshops.
3. to inform you of appointment times for individual sessions.

Registration details, health questionnaire and session notes

Your registration details, health questionnaire information and session notes are held in paper-format only and maintained in a secure locked manner.

Please let Body Orchestra know if your personal data needs to be updated.

Data Sharing

Body Orchestra will not sell, distribute or lease your personal information to third parties unless Body Orchestra has your permission (e.g. with other therapists or teachers) or are required by law to do so.

How long does Body Orchestra retain your data

For the duration that you are enrolled / are interested in classes / workshops or are working with Body Orchestra in a one-to-one manner. You will always have the opportunity to unsubscribe from Body Orchestra's mailing lists.

How Body Orchestra protects your data

Body Orchestra is committed to ensuring that your information is secure. Body Orchestra takes reasonable technical, physical and organisational precautions to prevent the loss, misuse or alteration of your personal data. Body Orchestra cannot guarantee the security of data sent over the internet.

Links to other websites

Body Orchestra's website may contain links to other websites of interest. However, once you have used these links to leave Body Orchestra's site, you should note that Body Orchestra does not have any control over that other website. Therefore, Body Orchestra cannot be responsible for the protection and privacy of any information which you provide whilst visiting such sites and such sites are not governed by this privacy statement. You should exercise caution and look at the privacy statement applicable to the website in question.

Embedded content from other websites

Articles on this site may include embedded content (e.g. videos, images, articles, etc.). Embedded content from other websites behaves in the exact same way as if you have visited the other website. Therefore these websites may collect data about you, use cookies, embed additional third-party tracking, and monitor your interaction with that embedded content.

What rights you have over your data

You may instruct Body Orchestra to provide you with any personal data Body Orchestra holds about you and can also request that Body Orchestra erases that personal data. This does not include any data Body Orchestra is obliged to keep for administrative, legal, or security purposes.

Policy amendments

Body Orchestra may update this privacy policy from time-to-time by posting a new version on the website. Please check this page occasionally to ensure you are happy with any changes.

Notices and Revisions

If you have any concern about privacy at Body Orchestra please e-mail a thorough description and Body Orchestra will try to resolve the issue for you. If you have any questions about this policy or data that Body Orchestra holds please contact: info@bodyorchestra.com